

Expresso Youth Bike The Experience

Exergaming Bikes.

Fun and fitness now for kids, too.

Kids love games, and now they can exercise while they play. **Interactive** workouts engage students in increasing their score and brings the fun of outdoor riding indoors. **Motivating** training features such as races and collecting virtual trophies help them achieve greater fitness and keep them coming back for more. **Dynamic** content keeps workouts fresh.

Riders quickly become immersed as they steer and shift, just like a real bike, over 30 virtual courses or challenge themselves to improve their score in an exciting chase. The 3D graphics and engaging game play make workouts fly by!

Like all Expresso Bikes, the content is changes with new courses, games and features updating automatically over the internet. Your investment stays new for years!

Optional Bike Activity Reports allow tracking and reporting of riders progress. Monitor top performers by User ID, Tour popularity, Rider longevity, and mileage and calorie trends. Bike Activity Reports are available with Premier, Partner and Executive Service Extensions.

Expresso Fitness® Corporation
Cardio Systems that Engage Your Mind

Toll Free/Fax: 888.528.8589
contact@expressofitness.com
www.expresso.com



Have Fun and Stay Motivated

Riders can compete against each other by simply selecting the same Tour on networked bikes, or ride against a replay of their previous best time using the Ghost feature.

Realistic Cycling

Shift gears and Steer handlebars just like a real bike. Pedal resistance changes with the terrain.

Monitor your results

Riders can track their fitness information real-time on the bike and collect Mileage Trophies.



▲ Riders go off-road with Expresso Chases®. Follow simple gameplay rules and learn basic strategies to improve their score. They won't believe how much fun they will have exercising!



▲ Expresso Tours are true virtual reality courses. Ride Expresso Speedway, the California Coast, or even in outer space. Compare against your previous times and with others. Personalize your experience with customizable Pacers or Ghosts for additional motivation.

 **Expresso**
www.expresso.com

Expresso Youth Bike

The Technology

Key Features

1 Best In Class Video Screen

The wide 19" LCD display is positioned for optimal viewing by students and protected by a rugged splashguard.

2 Internet Music

Riders use their own standard headphones to listen to the latest music.

3 Intuitive Keypad

User-friendly design is easy to reach and provides quick access to our interactive Tours and Chases.

4 Polar® compatible Heart Rate Sensors

Track this important fitness statistic using the heart rate pads or your own Polar chest strap.

5 Steering and Shifting Controls

For an experience just like riding a real bike – the heavy duty handlebars are positioned for comfort, the steering has a realistic feel and shifters are conveniently located for fast response.

6 Ergonomic Seat

Adjustable seat accommodates a wide range of youth riders. Designed to adjust up and down as well as forward and back with built in stops for safety.

7 Advanced Drive Train

Uses a dual-belt resistance system that provides smooth, quiet operation. Designed for low power riders up to 700 Watts of riding power.

8 Multi-Purpose Pedals

Accommodate standard footwear, and are ergonomically designed for smaller youth sizes.

9 Premium Computer System

Features a high performance processor, premium video card, and integrated TV tuner, wireless and wired networking capability, and loads of memory for future upgrades.

The Expresso Upright Youth Bike

Designed for the safety, comfort and enjoyment of middle school age children. Every Expresso bike has realistic feel, reliable performance and eye catching design. These bikes are built for years of continuous use.



Product Specifications

Standard Limited Warranty*

1 year labor, 2 years parts, 2 years software

*service upgrades up to 3 years available

Fitness Statistics

Heart Rate, Power, Time, Calories, Distance, RPM

Features

Over 30 Tours and Chases, Manual Mode, TV, 4 Levels of Difficulty, 30 Gears, Adjustable Pacer
Internet and Network Connectivity, Internet Music (10 channels), Ghost (previous ride replay), Multi-Player

Power

110-220VAC, 50/60Hz

Physical Dimensions

Length: 49"
Width: 24"
Height: 55"
Weight: 155 lbs

Copyright 2009 by Expresso Fitness Corporation. Expresso, the Expresso logo, Expresso Chases, and S3y are either trademarks or registered trademarks of Expresso Fitness Corporation.
All other designated trademarks, registered trademarks, copyrights and brands are the property of their respective owners.
Printed on recycled paper ♻️



www.expresso.com